



Let's Get Stronger Together with Bingocize

Join us for a twice-a-week exercise journey at the Russell County Extension Office!

This program will consist of a 10-week duration, encompassing a total of 20 meetings.

Dates:

Meeting *Tuesdays* and *Thursdays* at 10:30 starting March 3rd.

Going March 3rd through May 7th

Call 270-866-4477 to RSVP by February 23rd.